



The purpose of the Texas Senior Games and Sports for Life is to promote physical and mental health and fitness among the Texas fifty-plus population.



www.sportsforlife.org



San Antonio Area Foundation
Where Giving and Community Connect

A grant from the
John L. Santikos Charitable Foundation Fund
of the San Antonio Area Foundation



Monterrey Village • Round Rock
Southpark Meadows • Wells Branch



INTEGRITY • GROWTH • RESPECT • EXCELLENCE • WELLNESS
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SHAVANO PARK
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Assisted Living and Memory Care



55+ Active Adult Rentals



TEXAS
SENIOR GAMES
2017 San Antonio
March 30-April 9

Spirited competitions for men & women age 50 or better.



www.tsga.org



www.NSGA.com

Register online at www.texaseniorgames.org!
Need assistance with this application? Call 210-302-6973/6825.

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Barshop Jewish Community Center
of San Antonio
12500 NW Military Hwy, Ste. 275
San Antonio, Texas 78231
www.jccsanantonio.org

2 GENERAL INFORMATION

ELIGIBILITY: All athletes must be 50 years old by Dec. 31, '17.

REGISTRATION FEES: \$35 registration fee plus event fees if registered by Feb. 17, '17. \$40 registration fee plus event fees if registered Feb. 18–March 9, '17. Registration will close on Wednesday, March 9, '17 at midnight.

To register online, go to www.texasseniorgames.org and click on "Register Online". Online registration is under way and will close on March 9, '17. Mailed in paper registrations will be charged an additional \$10.

REGISTRATION DEADLINE: All entries must be postmarked by March 9, '17.

AGE CATEGORIES: Participants will compete in one of the following age categories for both individual and/or doubles sports: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99. Team sports are divided into the following brackets: 50+, 55+, 60+, 65+, 70+, 75+, and 80+. Your age group is determined by your age on December 31, 2017. Partner and team age groups will be determined by the age of the youngest partner/team member.

PROOF OF AGE: All athletes may be required to show proof of age during the State Games. Any athletes unable to show proof of age will be disqualified. Any team with a rostered individual who is not of minimum age, or whose age as listed on the roster is incorrect and causes the team to play in the wrong age division, will be disqualified.

RULES – DECISIONS: All events will be conducted in accordance with both the Texas Senior Games Association Official Rules (TSGA) and the 2017 National Senior Games Association (NSGA) Rules. The Games Director is the final authority for rules and interpretations.

CONFIRMATION OF ENTRY: For registrations received in the State Games office, a confirmation letter will either be emailed to you or mailed if no email is provided. **PLEASE DO NOT mail in your registration if you have registered online.** If you have not received your confirmation by March 3, '17 please call 210-302-6973. Online registrants will receive an email verifying that the registration has been accepted. Online registrants have the option of printing a confirmation letter which lists the events after the registration process is completed.

EQUIPMENT: Participants are required to provide their own equipment, except as specified per their sport.

INCLEMENT WEATHER/UNUSUAL CIRCUMSTANCES: The Texas Senior Games reserves the right to cancel any event due to insufficient registration, weather or events beyond their control. In the event of venue change or event cancellation, the information will be posted at www.texasseniorgames.org, and announced on the hotline. Every effort will be made to contact entrants prior to the start of the Games.

PHYSICAL CONDITION: It is recommended that participants confer with their personal physician prior to this competition. It is also recommended that participants prepare for competition and train accordingly.

HOW MANY SPORTS AND/OR EVENTS CAN I ENTER?: As long as events are not held at conflicting times, athletes may enter as many events as they desire. Scheduling cannot always be done to accommodate other events. Athletes must be a member of a team to enter the team events.

DOUBLES EVENTS: Participants must have a partner to enter doubles events. Athletes may compete with only one partner per event. Doubles teams with one Texas resident and one out-of-state resident will be considered an out-of-state team. When registering online you must spell your partner's name correctly and enter your partner's year of birth. If this is not done correctly the system will not match you with your partner. Texas Senior Games is not responsible for finding your partner. We recommend that you use Partner Finder located online at www.texasseniorgames.org.

TEAM SPORTS: Team Captains are responsible for submitting the team roster, team fee and the individual member registration information forms together. Teams must submit the completed information to the team captain who in turn submits the team roster, enclosing all completed forms and fees. 3-on-3 Basketball teams have a limit of 10 team members; softball teams have a limit of 20 members; volleyball teams have a limit of 15 members.

The Team Sport fee applies to those participating in 3-on-3 basketball, softball, and volleyball. Team members registering ONLY for a team event do not pay an additional registration fee or event fee. Team members that will be participating in ANY additional event(s), including Around-the-World and Free Throw events, must also pay the full registration fee plus any event entry fees for each additional event.

Teams with at least 51% of their members not residing in the State of Texas will be considered an out-of-state team for qualifying purposes. Teams must comply with the TSGA rules for maximum number of out-of-state players.

TEXAS SENIOR GAMES OFFICE CONTACT INFORMATION

Phone: 210-302-6973

Fax: 210-408-2341

Email: pottorfc@jcc-sa.org

Street Address: Texas Senior Games

12500 N.W. Military Hwy, Ste. 275

San Antonio, TX 78231

www.texasseniorgames.org

FREE SPORTS FOR LIFE CLINICS 11 & TRACK AND FIELD SCHEDULE

Free Sports for Life Clinics

Table Tennis Alamo Gymnastic Center, 16675 Huebner Rd. Learn the basic rules of table tennis and get a little practice in. RSVP to info@satatabletennis.org

Track Clinic Coach Mark Saroni will go over starts, drills and strategies. Coach Saroni is a US Track & Field Certified Coach, USA Swimming and USA Triathlon Certified Coach.

Sunday, February 19, 5pm

Clark High School track

Swimming Susan Ingraham will cover strokes, turns and starts.

Thursday, March 7, 9:30 – 10:30am

Josh Davis Natatorium, 1200 Jones Maltsberger

Pickleball Want to learn more about pickleball. Here is your chance.

Tuesday, March 7, 9-11 am

Beyster Windcrest Tennis & Pickleball Center

302 Zephyr Dr., 78239

The above clinics are offered at no charge,
but an RSVP to Cathy Pottorf at 210-302-6870
or pottorfc@jcc-sa.org is required to reserve a space.

PUTTING CONTEST SATURDAY, APRIL 1 | 3 – 5PM

Join us at the

HEARTIS 19TH HOLE

(15430 Huebner Rd. • 5 minutes from the JCC)

Prizes Awarded!

Plus Appetizers,

Arnold Palmers

& John Dalys!

HEARTIS
SENIORS. LIVING.

TRACK AND FIELD EVENTS • Sun., April 10 UTSA Park West Sports Complex

7am	Implement Weigh-In		
8am	5K Racewalk	All Ages	M & W
	Hammer	70+	M
		All Ages	W
	Javelin	50-59	M
	High Jump	60-69	M
9am	50 Meter	All Ages	M & W
9:30am	Javelin	All Ages	W
	Shotput	70-80+	M
	Hammer	50-69	M
	High jump	All Ages	W
	Pole Vault	All Ages	W
	Pole Vault	All Ages	M
	(Opening height <9')		
	800 Meter	All Ages	M & W
10am	100 Meter	All Ages	M & W
	Long Jump	All Ages	W
	Long Jump	70+	M
10:30am	Shot Put	50-59	M
		All Ages	W
	Discus	60-69	M
	Javelin	70+	M
	High Jump	70+	M
	1500 RW	All Ages	M & W
11am	Pole Vault	All Ages	M
	(Opening height 9'+)		
	Javelin	60-69	M
	Discus	50-59	M
	Triple Jump	70+	M
		All Ages	W
	Long Jump	50-69	M
	400 Meter	All Ages	M & W
11:30am	High Jump	60-69	M
12pm	Discus	All Ages	W
	Shot Put	60-69	M
	Triple Jump	50-69	M
	1500 Meter	All Ages	M & W
1pm	Discus	70-80+	M
	200 Meter	All Ages	M & W

Schedule subject to minor changes
depending on participation levels.

10 EVENT LOCATIONS

ARCHERY: Canyon Lake Viking Archery, 41000 Highway 3159, Canyon Lake, Tx. Take US-281N and exit TX-46. Make a right on 46 and then a left at 3159/Smithson Valley Rd. Follow this road about 6 miles

BADMINTON, BASKETBALL (MEN AND WOMEN), CORNHOLE, TENNIS, SHUFFLEBOARD, SA DECA CHALLENGE, VOLLEYBALL AND WASHERS: Barshop JCC, 12500 N.W. Military Hwy., 302-6820. Exit Castle Hills/N.W. Military from 410 and go outside the Loop. Proceed about three miles. JCC is on the right before the Exxon Station. Between Braesview and Wurzbach Pkwy.

BILLIARDS: Fast Eddie's, 502 Embassy Oaks. Going South on 281, Exit Bitters, turn right and then left onto Embassy Row. Slight right onto Embassy Oaks

BOWLING: Astro Super Bowl, 3203 Harry Wurzbach, From Loop 410 go South on Harry Wurzbach and and turn right when you reach Eisenhower Rd. Bowling will be on your right.

CYCLING (5K/10K Time Trials 20K/ Road Race): Texas Research Park, 14815 Omicron Drive, 674-4177. Take 1604 West to Potranco turn right on go approx. 4.6 miles, Turn left onto state highway 211 and proceed 1/2 mile. Turn right into the Park.

FUNWALK: O. P. Schnabel Park, Graff Pavillion, 9606 Bandera Rd.. Off of 1604, go South on Bandera Rd. for about 2 miles and then make a left into the Park. From 410, go North about 5 miles and Park is on the right. If you are coming off of I-10, exit Huebner Rd., go West on Huebner till you hit Bandera Rd. Make a right on Bandera and go about 2 1/2 miles and the Park is on the right.

GOLF: Olympia Hills Golf Club, 12900 Mt. Olympus, Universal City, From Downtown: Take IH-35 North to Olympia Parkway (exit 173), just north of Loop 1604E. Go East on Olympia Parkway approximately 1 mile to Mount Olympus. Make a left onto Mount Olympus and follow approximately 1/4 mile into the Olympia Hills Golf and Event Center Parking Lot.

HORSESHOES: Braunig Lake RV Resort, 13550 Donop Road, Take I-37S to Exit 130 (Donop Rd.). Take a LEFT at the stop sign by the Shell Station (Southton Road). Take another LEFT at the next stop sign by the Valero (Donop Road). Continue north on Donop Road past the Days Inn & Suites until you reach the arches at the entrance of Braunig Lake RV Resort.

PICKLEBALL: Alamo City Allstars, 11471 E. Loop 1604N, Universal City. From 35 going South, Follow I-35 S to TX-1604 Loop/Charles William Anderson Loop in Live Oak. Take exit 172 from I-35 S. Merge onto TX-1604 Loop/Charles William Anderson Loop. Destination will be on your right.

RACQUETBALL: San Antonio College, 1300 San Pedro, (210) 733-2000. From North San Antonio, take U.S. 281 South / McAllister Freeway (towards downtown). Take the exit towards Mulberry Ave. / St. Mary's St. Merge onto Stadium Dr. Turn right onto E. Mulberry Ave. and go 1.0 mile. Turn left onto San Pedro Ave. and go 0.8 miles to 1300 San Pedro Ave.

ROADRACE (5K/10K): Woodlawn Lake Park, 1103 Cincinnati. Going I- 10 East. Take exit 567 toward Texas 345 Loop/ Fredericksburg Rd/Woodlawn Ave . Continue on Interstate 10 Frontage Rd. Take Cincinnati Ave to S Josephine Tobin Dr.

SCRABBLE: Granados Senior and Adult Center, 500 Freiling. Going East on I 10, exit Vance Jackson turn left. Take another left on Freiling. The Center is located on the left.

SOFTBALL: (50-69) Kennedy Softball Complex, 3101 W. Roselawn Ave., Take 1-35 toward Laredo, Keep left to take 1-35S/I-10 E/US-87S toward Laredo. Merge onto US-90 W and exit 153 toward Del Rio. Take exit toward Cupples Rd and stay straight to go onto Brady Blvd. Turn left onto Cupples Rd. and turn right onto W. Roselawn Ave.

SOFTBALL: (70+) Normolye Softball Fields, 700 Culberson, From the north via IH 35: Take the Theo Malone exit (exit 152B) after passing through downtown. Turn right on Theo to Zarzamora. Turn left on Zarzamora to Culberson. Turn right on Culberson. The park is on the left as you down Culberson. Turn left into the park and proceed to the softball fields..

SWIMMING: Josh Davis Natatorium, 12002 Jones Maltsberger, Take 281N to Bitters. Go right (east) on Bitters cross Jones Maltsberger. Natatorium is located on the right in the Blossom Athletic Center.

TABLE TENNIS: Alamo Gymnastic Center, 16675 Huebner Road, (210) 254-0987, Exit Castle Hills/N.W. Military from 410 and go outside the Loop, follow N.W. Military Hwy to Huebner Rd., turn right, go 2 miles U-turn at Thrush Ridge, turn right into Center

TRACK & FIELD, RACEWALK: UTSA Park West Sport Complex, 8000 North Loop 1604 W, going West on 1604 , Take the exit toward Kyle Seale Pkwy/Hausman Rd/Farm to Market Rd 1560. Take a slight left toward 1604 W

TRIATHLON: Texas State Triathlon, The Meadows Center, formerly Aquarena Springs, 921 Aquarena Springs Dr, San Marcos, Texas 78666. Go I-35 North to Exit 206. Turn left on Aquarena Springs Drive.

GENERAL INFORMATION 3

FEES: ENTRY FEES and EVENT FEES must be paid in full and must accompany the entry form. Forms received without the appropriate fees WILL NOT be processed. It is the responsibility of the Team Captain to send in team fees, roster, and the team members' information together.

REFUNDS: Refunds (less a \$25 administrative fee) must be requested no later than March 7 and will only be issued with a written medical reason by a medical professional.

T-SHIRT PICK-UP: T-shirt pick up will be held at the Jewish Community Center, 12500 N.W. Military Hwy. in Auditorium C on the Main Level, beginning Thursday, March 30, 2017 from 1:00-5:00pm., March 31 - April 8 from 9:00am-5:00pm, and April 9 the t-shirts may be picked up until 12:00 noon. Athlete check-in will be at each venue.

RECREATIONAL EVENTS

BASKETBALL- MEN (FREE THROW) • Thursday, April 6, 5pm • Barshop JCC, 12500 N.W. Military Hwy. • Best of twenty-five shots from the free throw line. 65+ will shoot from 11 feet. **(AROUND THE WORLD)** immediately after free throw • One minute to shoot from various locations

BASKETBALL- WOMEN (FREE THROW) • Thursday, April 6, 5:00 pm • Barshop JCC, 12500 N.W. Military Hwy. • Best of twenty-five shots from the free throw line. 65+ will shoot from 11 feet. **(AROUND THE WORLD)** immediately after free throw • One minute to shoot from various locations.

BILLIARDS • Monday, April 3, 10am • Fast Eddie's, 502 Embassy Oaks • 8 ball pool tournament, individual play only. BCA rules except no jumping.

CORNHOLE • Thursday, April 6, 10am • Barshop JCC 12500 N.W. Military Hwy. • Singles only. Each game played to 21 points.

MEDALS: Medals will be awarded to first, second, and third place finalists at the end of each event. Bowling awards may be picked up at the JCC after April 17, 2017. Medals not picked up at the designated game site may be picked up at the Texas Senior Games Office no later than one month after the last game day. Medals may also be mailed with a request in writing accompanied by a check, payable to the Senior Games in the amount of \$3.00 per medal for shipping, mailed to Texas Senior Games, c/o JCC, 12500 N.W. Military Hwy, Ste. 275, San Antonio, TX 78231.

RESULTS: Results will be posted on the Texas Senior Games website no later than May 1, '17. www.texasseniorgames.org.

SAN ANTONIO DECA-CHALLENGE • Saturday, April 8, 9am • Barshop JCC, 12500 N.W. Military Hwy. • 10 events over 2 days. Strength and endurance will be tested. Athletes will compete in the following Track events on Sunday - 100M, 400M, 1500M, and Long Jump. Competitors can medal separately under the track and field event. Events on Saturday - vertical leap, pull ups (overhand grip), power clean (50% of your weight, number of repetitions no rest), ball toss, pushups and plank.

Fun Walk • Thursday, March 30, 10am • O. P. Schnabel Park, 9606 Bandera Rd., Graff Pavilion • Walk (2 miles) will be held on the trails of O. P. Schnabel Park, 1 mile smooth surface option. Check-in at Graff Pavilion. Parking available in the Park and at the YMCA. Opening Ceremony will begin at 9:30am.

SCRABBLE • Wednesday, April 5, 1pm, Granados Senior Center, 500 Freiling • Players will draw for opponents. 2 players per board. Games will last no longer than 50 minutes (25 minutes per player). Word challenges will be verified by judges.

WASHERS • Thursday, April 6, 12pm • Barshop JCC, 12500 N.W. Military Hwy. • Singles only. Each game played to 21 points.

COMPETITIVE EVENTS

ARCHERY • Sunday, April 1, 10am • Viking Archery, 41000 Hwy 3159, Canyon Lake • Compound finger, compound release, recurve, bare bow recurve, and bare bow compound. The "900" American round with 48" target will be used for competition.

BADMINTON • Saturday, April 8, 10am • Barshop JCC, 12500 N.W. Military Hwy. • Singles, Doubles and Mixed Doubles. Each match consists of two out of three games. These are 21 point games. USBA rules apply.

BASKETBALL (Men's) (3 on 3) • Friday, April 6, 8:30am • Barshop JCC, 12500 N.W. Military Hwy. • Half court with two 15 minute halves. The roster limit is ten including non-playing coaches and captains. All players must register individually. No mixed gender teams. The number of entries will determine tournament format. Age division of the team is determined by the age of the

youngest player. NCAA rules apply. All players must sign waiver but captain must submit roster and forms with payment. It is the responsibility of the team captain to check draw for playing time.

BASKETBALL (Women's) (3 on 3) • Saturday & Sunday, Feb. 11 -12 • Barshop JCC, 12500 N.W. Military Hwy. • Half court with two 15 minute halves. The roster limit is ten including non-playing coaches and captains. All players must register individually. No mixed gender teams. The number of entries will determine tournament format. Age division of the team is determined by age of youngest player. NCAA rules apply. All players must sign waiver but captain must submit roster and forms with payment. It is the responsibility of the team captain to check draw for playing time.

4 EVENT INFORMATION

COMPETITIVE EVENTS (continued from page 3)

BOWLING • Thursday, April 6 (1pm), Friday, April 7 (10am), Saturday, April 8 (1pm). Astro Super Bowl, 3203 Harry Wurzbach • Singles/Doubles/Mixed Doubles. Scratch scores. One set of three games. High scratch series determine place winners in each category. Partner must register for same time. Fee is per bowler.

CYCLING • Sunday, April 2, 9am (5K Time Trial). Following the time trials approximately 10:30 am (10K Time Trials) and approximately 12:30 pm, 20K Roadrace • Texas Research Park, 14815 Omicron Dr. • All participants must wear an ANSI or Snell approved helmet. Cyclists must report 30 minutes prior to start times. Numbers will be distributed at the event check in. Chip Timing.

GOLF • Monday, April 3, 1pm (shotgun) & Tuesday, April 4, 8am (shotgun). • Olympia Hills Golf Course, 12900 Mt.Olympus, Universal City • 36 hole scratch event held over two days. Facility fee includes green fees and golf cart. No metal spikes allowed. Range finders/GPS can be used. Medals awarded based on 36 hole total.

HORSESHOES • Saturday, April 8, 10am • Braunig RV Resort, 13550 Donop Road, (Exit 130 - Donop Rd.) • Singles only. Men 50 - 69 pitch 40 feet. Women 75+ pitch 20 feet. All others 30 feet. Format is double elimination cancellation scoring.

PICKLEBALL - Indoors • Monday, April 3-Wednesday, April 5, 9am • Alamo City Allstars, 11471 E. Loop 1604 N., Universal City • Mixed Doubles on Monday, Doubles on Tuesday, Singles on Wednesday. Athletes may enter all three sub-events. Balls provided. Doubles players must register with a partner. The event will be sanctioned. Draw will be on the website beginning Tuesday, March 28 - www.texasseniorgames.org or call 210-302-6973.

RACEWALK • Sunday, April 9, 7:30am (5000) 10:30am (1500) • UTSA Park West Sports Complex, 8000 N. Loop 1604 W • 1500 and 5000 meter will be walked on track. Race numbers will be distributed at event check in.

RACQUETBALL • Sunday, April 9, 9am • San Antonio College • 1300 San Pedro • Singles, Doubles, and Mixed Doubles. Games are 15 points. Play will be round robin or double elimination depending on the number of entrants. Eyewear with lenses designed for racquet sports are mandatory. Doubles players must register with a partner. The draw will be on the website beginning Tuesday, April 4 at www.texasseniorgames.org or call 210-302-6973.

5K & 10K ROADRACE • Tuesday, April 4, 8am • Woodlawn Lake Park, 1103 Cincinnati • Race numbers will be distributed at event check-in, at the Pavillion in the Park. Runners will run a 5k (3.1 mile) which is a double loop (2x) around the lake and 4x around the lake for a 10K. Chip Timing.

SHUFFLEBOARD • Monday, April 3, 10am • Barshop JCC, 12500 N.W. Military Hwy. • Singles and Open Doubles. Equipment is available for use. Indoor court. Doubles partners may be of same or different gender. You may only play once in the Doubles competition.

SOFTBALL • Friday, March 24, 9am (ages 70+) • Normolye Fields, 700 Culberson • Saturday, March 25 and Sunday, March 26, 9am (ages 50-69) • Kennedy Softball Fields, 3101 W. Roselawn Ave • Balls and bases furnished. Each team must provide other equipment. All players must sign waiver but captain must submit roster and forms with payment. No mixed gender teams. Number of teams will determine tournament format. Age division of team is determined by the age of the youngest player. Team roster shall be limited to twenty (20) players. It is the responsibility of the team captain to check draw for playing times.

SWIMMING • Saturday, April 1, 9am • Josh Davis Natatorium, 12002 Jones Matlsberger • 50, 100 and 200 backstroke, 50, 100 and 200 breaststroke, 50, 100 and 200 butterfly, 50, 100, 200 and 500 freestyle, 100, 200, and 400 individual medley. All swimming events will be timed finals. Warm-ups begin at 8am.

TABLE TENNIS • Saturday, April 1 (50-69) and Sunday, April 2 (70+), 9:30am • Alamo Gymnastic Center, 16675 Huebner Rd. • Singles, doubles and mixed doubles. Only balls will be furnished. Play shall consist of a five (5) game match; winner will be the first to win three games. Tournament format will be based on number of entrants. Doubles players must register with a partner. The draw will be on the website beginning Tuesday, March 28 at www.texasseniorgames.org or call 210-302-6973.

TENNIS • Monday, April 3-Thursday, April 6 • Barshop JCC, 12500 N.W. Military Hwy. • Singles, Doubles and Mixed Doubles. Athletes must provide their own racquets and practice balls. Game balls provided. It is the responsibility of the athlete to check draw for playing time. Doubles players must register with a partner. If you enter more than one event, you may have to play a match each day in each event. Please mark on entry form. The draw will be on the website beginning Tuesday, March 28, www.texasseniorgames.org or call 210-302-6973.

TRACK AND FIELD EVENTS • Sunday, April 10, 8am • UTSA Park West Sports Complex, 8000 N. Loop 1604 W • 50, 100, 200, 400, 800 and 1500 meter races. Discus, high jump, long jump, triple jump, hammer throw, javelin, shot-put and pole vault. Pole-vaulters must use own pole.

TRIATHLON • Sunday, April 2, 8:30am • Texas State Triathlon, The Meadows Center (formerly Aquarena Springs), 921 Aquarena Springs • Swim 500 yards, cycle 20k (12.4 miles), run 5K (3.1 miles). All triathlon participants must register through the Texas Senior Games website, www.texasseniorgames.org and the Texas State Triathlon website <http://txstatetriathlon.webs.com/txst-sprint>.

VOLLEYBALL • Saturday, April 1 (women and men), 9am • Barshop JCC, 12500 N.W. Military Hwy. • Six players on the floor. USAV rules. No mixed gender teams. Age division of the team is determined by the youngest player. Best of three game matches. Number of teams will determine format. Rosters limited to fifteen players. All players must sign waiver but captain must submit roster and forms with payment. It is the responsibility of the team captain to check draw for playing time.

SAT. & SUN., FEB. 11 & 12
9am Ladies Basketball 3 on 3 • Barshop JCC

FRI., MARCH 24
9am Softball (70+) • Normoyle Softball Field

SAT., & SUN., MARCH 25 & 26
9am Softball (50-69) • Kennedy Softball Field

THURS., MARCH 30
9:30am Opening Ceremony • O. P. Schnabel Park
10am FunWalk • O. P. Schnabel Park

SAT., APRIL 1
9am Swimming • Josh Davis Natatorium
100Y Butterfly 200Y Freestyle
50Y Breaststroke
100Y Backstroke
400Y Individual Medley
100Y Breaststroke
200Y Backstroke
100Y Individual Medley
50Y Freestyle
200Y Butterfly
50Y Backstroke
200Y Individual Medley
50Y Butterfly
100Y Freestyle
200Y Breaststroke
500Y Freestyle

9am Volleyball • Barshop JCC
9:30am Table Tennis (50-69) • Alamo Gymnastic Center
10am Archery Viking Archery • Canyon Lake
10am Horseshoes • Braunig Lake RV Resort

SUN., APRIL 2
9am Cycling Texas Research Park
9am Triathlon
TX State Sprint Triathlon • San Marcus
9:30am Table Tennis (70+) • Alamo Gymnastic Center

SCHEDULE 9

MON., APRIL 3
9am Pickleball (mixed dbles.) • Alamo City Allstars
9am Tennis Barshop JCC
10am Shuffleboard • Barshop JCC
10am Billiards • Fast Eddies
1pm Golf • Olympia Hills Golf Course

TUES., APRIL 4
8am Golf • Olympia Hills Golf Course
8am Roadrace (5K/10K) • Woodlawn Lake Park
9am Pickleball (Doubles) • Alamo City Allstars
9am Tennis • Barshop JCC

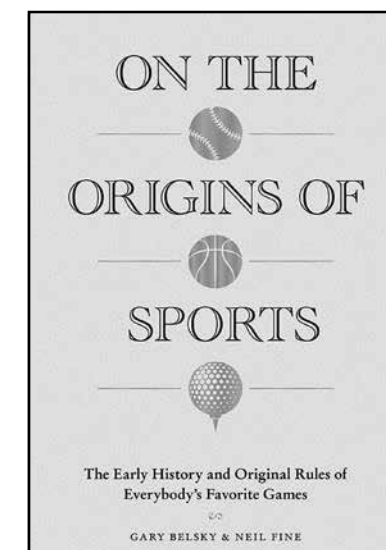
WED., APRIL 5
9am Pickleball (Singles) • Alamo City Allstars
9am Tennis • Barshop JCC
1pm Scrabble • Granados Senior Center

THURS., APRIL 6
9am Tennis • Barshop JCC
10am Cornhole • Barshop JCC
12pm Washers • Barshop JCC
1pm Bowling • Astro Bowl
5pm Basketball Free Throw/Around the World • Barshop JCC

FRI., APRIL 7
8:30am Men's Basketball 3 on 3 • Barshop JCC
10am Bowling • Astro Bowl

SAT., APRIL 8
9am Deca Challenge • Barshop JCC
10am Badminton • Barshop JCC
1pm Bowling Astro Bowl

SUN., APRIL 9
8am Track & Field • UTSA Park West Sports Complex
8am Racewalk UTSA Park West Sports Complex
9am Racquetball • San Antonio College



GARY BELSKY *On the Origins of Sports: The Early History and Original Rules of Everybody's Favorite Games*
Thurs., Apr. 6 | 7pm | Barshop JCC | \$10 per person

On the Origins of Sports is an illustrated book built around the original rules of 21 of the world's most popular sports, from football and soccer to wrestling and mixed martial arts. Never before have the original rules for these sports coexisted in one volume. Brimming with history and miscellany, it is the ultimate sports book for the thinking fan. Each sport's chapter includes a short history, the sport's original rules, and a deeper look into an element of the sport, such as the evolution of the baseball glove; sports with war roots; a compendium of sports balls; and iconic sports trophies. Written by ESPN The Magazine's former editor in chief, Gary Belsky, and executive editor, Neil Fine, and filled with period-style line drawings in a handsome package, *On the Origins of Sports* is a book that sports fans and history buffs alike will want to display on their coffee tables, showcase on their bookshelves, and treasure for generations.

RSVP at www.jccsanantonio.org/authorspeakerseries or call 210-302-6820.

8 REGISTRATION & WAIVER

PLEASE PRINT

Name: _____ Gender: M F
FIRST LAST

E-mail Address: _____ Date of Birth: _____
MONTH DAY YEAR

Mailing Address: _____

City: _____ State: _____ ZIP: _____

Primary Phone: _____ Alternate Phone: _____

Emergency Contact Name: _____ Relationship: _____

Day Phone: _____ Night Phone: _____

Doctor's Name: _____ Phone: _____

If you are currently employed, name of employer: _____

Name of Primary/Supplemental insurance provider other than Medicare: _____

RELEASE OF ANY AND ALL CLAIMS

As a condition of being allowed to participate in the Texas Senior Games

1. Prior to participating in any event, I will inspect the facilities and equipment to be used. If I believe that either the facilities or the equipment are unsafe, I will immediately advise an official of the Games and the Event Director of such condition(s) and refuse to participate.
2. I assume all risk of injury, including but not limited to disability, death, and economic losses which may result not only from my actions or negligence, but also from the actions or negligence of others, the condition of the premises, or the condition of the equipment. I accept personal responsibility for any and all injuries or damages resulting to me.
3. I agree a.) not to sue the Texas Senior Games, the National Senior Games Association, the Texas Senior Games Association, the Barshop Jewish Community Center of San Antonio, and/or their respective agents, servants, administrators, directors, employees and volunteers; and I release, waive, and discharge them from any and all liability, claims, damages, and/or losses caused or alleged to be caused by me, in whole or in part, by the negligence of any party; and b.) to indemnify and hold harmless the Texas Senior Games, the Barshop Jewish Community Center of San Antonio, and/or their respective agents, servants, administrators, directors, employees, and volunteers from any and all claims arising from any injury I may suffer.
4. I grant to the Texas Senior Games and the Barshop Jewish Community Center permission to take photographs of me, and to use such photographs in any exhibition, advertisement, editorial, or in any way whatsoever, in their sole and absolute discretion.
5. I have read the above Liability Waiver and Release of Any and All Claims. I have had the opportunity to ask questions concerning this Waiver and Release. I voluntarily and as my free act and deed, sign this Liability Waiver and Release of Any and All Claims.

Signature: _____ Date: _____

ENTRY FORM (PLEASE COMPLETE ALL FOUR PAGES) 5

Archery (Check events) \$8.00 each \$ _____

- Compound Finger
- Compound Release
- Recurve
- Bare-Bow Recurve
- Bare-Bow Compound

Badminton (Check events) \$5.00 each \$ _____

- Singles
- Doubles

Dbles. Partner: _____

- Mixed Doubles

Mxd. Dbles. Partner: _____

Basketball (Check events) \$4.00 each \$ _____

- Around the World
- Free Throw

Billiards \$4.00 \$ _____

Bowling (Check events) \$8.00 each \$ _____

- Singles/Men or Women
- Doubles

Dbles. Partner: _____

- Mixed Doubles

Mxd. Dbles. Partner: _____

Write "singles" by 1 day/time, "doubles" by 1 day/time and "mixed doubles" by 1 day/time. All bowlers responsible for finding their own partners. Both partners must sign up/pay.

Thurs., April 6 1pm _____

3pm _____

Fri., April 7 10am _____

Noon _____

Sat., April 8 1pm _____

3pm _____

Cycling (Check events) \$10.00 each \$ _____

- 5K Time Trials
- 20K Road Race
- 10K Time Trials

Golf \$90.00 \$ _____

Golf fee includes required cart & green fees for two days.

Horseshoes \$5.00 \$ _____

Pickleball (Check events) \$15.00 each \$ _____

- Singles/Men or Women
- Doubles

Dbles. Partner: _____

- Mixed Doubles

Mxd. Dbles. Partner: _____

Racewalk (Check events) \$5.00 each \$ _____

- 1500 Meter
- 5000 Meter

Racquetball (Check events) \$6.00 each \$ _____

- Singles/Men or Women
- Doubles

Dbles. Partner: _____

- Mixed Doubles

Mxd. Dbles. Partner: _____

Roadrace (Check events) \$8.00 each \$ _____

- 5 K
- 10 K

SA Deca-Challenge \$30.00 \$ _____

(Includes all 10 events.)

Scrabble \$4.00 \$ _____

Shuffleboard (Check events) \$5.00 each \$ _____

- Singles
- Doubles

Partner: _____

Swimming (Check *events) \$5.00 each \$ _____

*See schedule on page 9 for event order

100 Y Backstroke _____

100 Y Breaststroke _____

100 Y Butterfly _____

100 Y Freestyle _____

100 Y Ind. Med. _____

200 Y Backstroke _____

200 Y Butterfly _____

200 Y Breaststroke _____

200 Y Freestyle _____

200 Y Ind. Med. _____

50 Y Backstroke _____

50 Y Breaststroke _____

50 Y Butterfly _____

50 Y Freestyle _____

400 Individual Med. _____

500 Y Freestyle _____

Enter optional entry time

Table Tennis (Check events) \$8.00 each \$ _____

- Singles/Men or Women
- Doubles

Dbles. Partner: _____

- Mixed Doubles

Mxd. Dbles. Partner: _____

6 ENTRY FORM (PLEASE COMPLETE ALL FOUR PAGES)

Tennis (Check events) \$6.00 each \$_____ ***Basketball 3-on-3 Team** \$185.00 \$_____

o Singles/Men or Women
o Doubles

Max. 10 players/no registration fees required.

Team: _____

o Mixed Doubles

***Softball Team** \$290.00 \$_____

Late Fee \$210.00

Max. 20 players/no registration fees required/does not include participant shirt.

Team: _____

***Volleyball Team** \$290.00 \$_____

Late Fee \$315.00

Max. 15 players/no registration fees required.

Team: _____

***You must be on a team to enter. Captain must submit roster on page 7.**

Washers \$4.00 \$_____

Fun Walk \$5.00 \$_____

Cornhole \$4.00 \$_____

Triathlon \$10.00 \$_____

You must register for the triathlon at www.txstatetriathlon.webs.com/txst-sprint

PAYMENT INFORMATION

1. **Registration Fee** Includes one free t-shirt = \$40.00 **Registration Fee includes one t-shirt** (Indicate size)

2. **Early Bird Discount** If paid/registered by Feb. 24 Minus \$5.00 S M L XL XXL

3. **Additional Shirts** \$10.00 per shirt S-XL/\$12.00 per shirt XXL # _____ = \$_____ **If playing golf, indicate golf shirt size**

4. **Additional Golf Shirts** \$25.00 per shirt S-XL/\$27.00 per shirt XXL # _____ = \$_____ S M L XL XXL

5. **Golf Caps** \$15.00 per cap # _____ = \$_____ S M L XL XXL

6. **Total Event Fees Pages 5 & 6** = \$_____

7. **Add \$10.00 processing fee if NOT registering online** = \$10.00

8. **Donation** = \$_____ Tax Deductible/Thank You!

TOTAL AMOUNT ENCLOSED = \$_____

REGISTRATION WILL NOT BE ACCEPTED IF LATE FEE/ PROCESSING FEE NOT INCLUDED.

Enclose check or money order payable to the [Texas Senior Games](#) or complete the charge information below.

Credit Card Charge Authorization: Visa MC AMEX DISC Card #: _____ Exp: _____

Name on Card: _____ Signature: _____

**Return your completed registration form with payment by mail to: JCC Attn: Texas Senior Games
12500 NW Military Hwy., Ste. 275 • San Antonio, TX 78231 • If paying by credit card, you may fax your completed form to 210-408-2341.**

OFFICIAL USE ONLY

Name: _____ Entry #: _____ Entered by: _____

Check #: _____ Amount: _____ Date Received: _____

TEAM ROSTER 7

Team Entry Roster (Must Be Completed In Its Entirety) **PLEASE PRINT**

Basketball Softball Volleyball

Team Members	Name of Team	Age Group	City/State/Zip	Address	Date of Birth	Phone
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						
12.						
13.						
14.						
15.						
16.						
17.						
18.						
19.						
20.						
Non-Playing Captain/Coach						
21.						

TEAM CAPTAIN: I am the Captain of the above mentioned team and say that all the information supplied is correct to the best of my knowledge. All the players are eligible to compete with my team in the Texas Senior Games. I have attached all registration forms and fees for all the players on this form.

Captain's Name (Print): _____ Captain's Signature: _____

Work Phone: _____ Home Phone: _____ Cell Phone: _____ Email: _____

Street Address: _____ City: _____ State: _____ ZIP: _____