



The purpose of the Texas Senior Games and Sports for Life is to promote physical and mental health and fitness among the Texas fifty-plus population.



Live Stronger, Healthier, Better

Clover



San Antonio Area Foundation
Where Giving and Community Connect

A grant from the
John L. Santikos Charitable Foundation Fund
of the San Antonio Area Foundation



April 5 - 15



Register online at www.texasseniorgames.org!
Need assistance with this application? Call 210-302-6973/6825.

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Barshop Jewish Community Center
of San Antonio
12500 NW Military Hwy., Ste. 275
San Antonio, Texas 78231
www.jccsanantonio.org

2 GENERAL INFORMATION

ELIGIBILITY All athletes must be 50 years old by December 31, 2018. Athlete's competition age will be based on his/her age on December 31, 2018.

REGISTRATION \$35.00 registration fee plus event fee if registered by Feb. 2, 2018. \$40.00 registration fee plus event fee if registered Feb. 3 2018 – March 9, 2018. Registration will close on Friday, March 9, 2018 at midnight.

To register online, please go to www.texaseniorgames.org and click on sign up. Mailed in paper registrations will be charged an additional \$10. Paper registrations must be postmarked by March 9, 2018

AGE CATEGORIES Participants will compete in one of the following age categories for both individual and/or doubles sports: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-7, 85-89, 90-94, 95-99. Team sports are divided into the following brackets: 50+, 55+, 60+, 65+, 70+, 75+, and 80+. Your age group is determined by your age on December 31, 2018. Partner and team age groups will be determined by the age of the youngest partner/team member.

PROOF OF AGE All athletes may be required to show proof of age during the state games. Any athletes unable to provide proof of age will be disqualified. Any team with a rostered individual who is not of minimum age, or whose age listed on the roster is incorrect and causes the team to play in the wrong age division, will be disqualified.

RULE – DECISIONS All events will be conducted in accordance with both the Texas Senior Games Association official rules (TSGA) and the 2019 National Senior Games Association (NSGA) rules. The games director is the final authority for rules and interpretations.

CONFIRMATION OF ENTRY For registrations received in the state games office, a confirmation letter will either be emailed to you or mailed if no email is provided. Please do not mail in your registration if you have registered online. If you have not received your confirmation by March 7, 2108 please call 210-302-6973. Online registrants will receive an email verifying that the registration has been accepted. Online registrants have the option of printing a confirmation letter which lists the events after the registration process is completed.

EQUIPMENT Participants are required to provide their own equipment, except as specified per their sport.

INCLEMENT WEATHER/UNUSUAL CIRCUMSTANCES The Texas Senior Games reserves the right to cancel any event due to insufficient registration, weather or events beyond their control. In the event of venue change or event cancellation, the information will be posted on the website, www.texaseniorgames.org, and announced on the hotline. Every effort will be made to contact entrants prior to the start of the Games.

Physical Condition It is recommended that participants confer with their personal physician prior to this competition. It is also recommended that participants prepare for competition and train accordingly.

HOW MANY SPORTS AND/OR EVENTS CAN I ENTER? As long as events are not held at conflicting times, athletes may enter as many events as they desire. Scheduling cannot always be done to accommodate other events. Athletes must be a member of a team to enter the team events.

DOUBLES EVENTS Participants must have a partner to enter doubles events. Athletes may compete with only one partner per event. Doubles teams with one Texas resident and one-out-of-state resident will be considered an out-of-state team. When registering online you must spell your partner's name correctly and enter your partner's year of birth. If this is not done correctly the system will not match you with your partner. Texas Senior Games is not responsible for finding your partner.

TEAM SPORTS Team Captains are responsible for submitting the team roster, team fee and the individual member registration information forms together. Teams must submit the completed information to the team captain who in turn submits the team roster, enclosing all completed forms and fees. 3-on-3 Basketball teams have a limit of 10 team members; softball teams have a limit of 20 members; volleyball teams have a limit of 15 members.

The Team Sport fee applies to those participating in 3-on-3 basketball, softball, and volleyball. Team members registering ONLY for a team event do not pay an additional registration fee or event fee. Team members that will be participating in ANY additional event(s), including Around-the-World and Free Throw events, must also pay the full registration fee plus any event entry fees for each additional event.

Teams with at least 51% of their members not residing in the State of Texas will be considered an out-of-state team for qualifying purposes. Teams must comply with the TSGA rules for maximum number of out-of-state players.

ENTRY FEES and EVENT FEES must be paid in full and must accompany the entry form. Forms received without the appropriate fees WILL NOT be processed. It is the responsibility of the team captain to send in team fees, roster, and the team member's information together.

The Team Sport fee applies to those participating in 3-on-3 Basketball, Softball, and Volleyball. Team members registering ONLY for a team event do not pay an additional registration fee or event fee. Team members who will be participating in ANY additional event(s), including Around-the-World and Free Throw events, must also pay the full registration fee plus any event entry fees for each additional event.

REFUNDS Refunds (less a \$25 administrative fee) must be requested no later than March 12 and will only be issued with a written medical reason by a medical professional.

FREE SPORTS FOR LIFE CLINICS SWIMMING AND TRACK & FIELD SCHEDULES

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Disc Golf Baker Helton will cover back hand and forehand throw of the disc, as well as putting with the disc.

SU, Feb. 25, 3-4-pm

Barshop JCC Field | 12500 NW Military Hwy. at Wurzbach Pkwy.

Swimming Susan Ingraham will cover strokes, turns and starts.

TU, March 20 & Thurs., March 22, 10:30-11:30am

Josh Davis Natatorium | 1200 Jones Maltsberger

Crossroad Bikes Clinic This clinic will cover getting ready to race, tactics, drafting, passing and more.

WE, March 7, 6-7:30pm

Crossroad Bikes | 14510 NW Military Hwy, Suite 108

Crossroad Bikes Clinic This clinic will cover skills, cornering, riding with others – bring your bike and helmet and be prepared to ride.

WE, March 14, 6-7:30pm

Crossroad Bikes | 14510 NW Military Hwy, Suite 108

Bike Safety Checks: Bring your bike to Crossroad Bikes

14510 NW Military Hwy, Suite 108, **April 9-13** to have the bike team check your bike to ensure that it is in top racing conditioning.

(Athletes are responsible for any parts/labor for repairs).

Call the shop at 210-492-7677 for an appointment.

Track Clinic Coach Mark Saroni will go over starts, drills and strategies. Coach Saroni is a US Track & Field Certified Coach, USA Swimming and USA Triathlon Certified Coach.

SU, March 6, 7:30am

Clark High School Track | 5150 DeZavala.

The above clinics are offered at no charge, but an RSVP to the Texas Senior Games hotline, 210-302-6973, or seniorgames@jcc-sa.org is required to reserve a space.

SWIMMING

Sat. & Sun., April 14 & 15, 9am • Josh Davis Natatorium
12002 Jones Maltsberger

Saturday, April 14

100 Fly

200 Free

50 Breast

100 Back

400 IM

100 Breast

200 Back

50 Free

Sunday, April 15

100 IM

200 Fly

50 Back

200 IM

100 Free

50 Fly

200 Breast

500 Free

TRACK AND FIELD EVENTS • Sun., April 8 UTSA Park West Sports Complex

7am	Implement Weigh-In		
7:15am	5K Powerwalk	All	M/F
8am	Hammer	M 70+;	W
	Javelin	50-59	M
	High Jump	60-69	M
8:30am	5K Racewalk	All	M/W
9:30am	50 Meter	All	M/W
	Javelin	All	W
	Shotput	70+	M
	Hammer	50-69	M
	High Jump	All	W
	Pole Vault	All	W
	Pole Vault	All	M
	(opening height <9')		
10am	800 Meter	All	M/W
	Long Jump	All	W
	Long Jump	70+	M
10:30am	100 Meter	All	M/W
	Shot Put	50-59	M
		All	W
	Discus	60-69	M
	Javelin	70+	M
	High Jump	70+	M
10:45pm	1500 Powerwalk	All	M/W
11am	Pole Vault	ALL	M
	(opening height 9'+)		
	Javelin	60-69	M
	Discus	50-59	M
	Triple Jump	70+	M
		All	W
	Long Jump	50-69	M
11:15am	1500 RaceWalk	ALL	M/W
11:30am	High Jump	50-59	M
12pm	400 Meter	All	M/W
	Discus	All	W
	Shot Put	60-69	M
	Triple Jump	50-69	M
12:45pm	1500 Meter	All	M/W
1pm	Discus	70+	M
1:30pm	200 Meter	All	M/W

Schedule subject to minor changes depending on participation levels.

10 EVENT LOCATIONS

Archery: Canyon Lake Viking Archery, 41000 Highway 3159, Canyon Lake, Tx. Take US-281N and exit TX-46. Make a right on 46 and then a left at 3159/Smithson Valley Rd. Follow this road about 6 miles

Badminton, Basketball (Men and Women), **Cornhole, Shuffleboard, SA Deca Challenge,** and **Washers:** Barshop JCC, 12500 NW Military Hwy., 210-302-6820. Exit Castle Hills/NW Military from 410 and go outside the Loop. Proceed about three miles. JCC is on the right before the Exxon Station. Between Braesview and Wurzbach Pkwy.

Billiards: Fast Eddie's, 502 Embassy Oaks. Going South on 281, Exit Bitters, turn right and then left onto Embassy Row. Slight right onto Embassy Oaks

Bowling: Astro Super Bowl, 3203 Harry Wurzbach, From Loop 410 go South on Harry Wurzbach and and turn right when you reach Eishenhower Rd. Bowling on your right.

Cycling (5K/10K Time Trials 20K/ Road Race): Texas Research Park, 14815 Omicron Drive, 674-4177. Take 1604 West to Potranco turn right on go approx. 4.6 miles, Turn left onto state highway 211 and proceed 1/2 mile. Turn right into the Park.

Disc Golf: Bryan McClain Park, 15700 O'Connor Rd. Going 1-35 South, take exit for TX-1604 Loop W. Exit O'Connor Rd and make a left on O'Connor. The golf course is about 1 1/4 miles down on the left.

Funwalk: O. P. Schnabel Park, Graff Pavillion, 9606 Bandera Rd. Off of 1604, go South on Bandera Rd. for about 2 miles and then make a left into the Park. From 410, go North about 5 miles and Park is on the right. If you are coming off of I-10, exit Huebner Rd., go West on Huebner till you hit Bandera Rd. Make a right on Bandera and go about 2 1/2 miles and the Park is on the right.

Golf: Olympia Hills Golf Club, 12900 Mt. Olympus, Universal City, From Downtown: Take IH-35 North to Olympia Parkway (exit 173), just north of Loop 1604E. Go East on Olympia Parkway approximately 1 mile to Mount Olympus. Make a left onto Mount Olympus and follow approximately 1/4 mile into the Olympia Hills Golf and Event Center Parking Lot.

Horseshoes: Braunig Lake RV Resort, 13550 Donop Road. Take I-37S to Exit 130 (Donop Rd.). Take a LEFT at the stop sign by the Shell Station (Southton Road). Take another LEFT at the next stop sign by the Valero (Donop Road). Continue north on Donop Road past the Days Inn & Suites until you reach the arches at the entrance of Braunig Lake RV Resort.

Pickleball: Alamo City Allstars, 11471 E. Loop 1604N, Universal City. From 35 going South, Follow I-35 S to TX-1604 Loop/Charles William Anderson Loop in Live Oak. Take exit 172 from I-35 S. Merge onto TX-1604 Loop/Charles William Anderson Loop. Destination will be on your right.

Racquetball: YMCA, 16103 Henderson Pass, Off 35, Take TX-1604W and exit Redland Rd./Gold Canyon. Take Left at Redland Rd. Turn right at Jones Maltsbergers. Turn right on Thousand Oaks and right on Henderson Pass. Off of 281N, take Thousand Oaks and go right and then take a right on Henderson Pass.

Roadrace (5K/10K) : Woodlawn Lake Park, 501 S. Josephine Tobin. Going I- 10 East. Take exit 567 toward Texas 345 Loop/Fredericksburg Rd/Woodlawn Ave. Continue on Interstate 10 Frontage Rd. Take Cincinnati Ave to S Josephine Tobin Dr.

Scrabble: Granados Senior and Adult Center, 500 Freiling. Going East on I 10, exit Vance Jackson turn left. Take another left on Freiling. The Center is located on the left.

Softball: (50-69) Kennedy Softball Complex, 3101 W. Roselawn Ave. Take 1-35 toward Laredo, Keep left to take 1-35S/I-10 E/US-87S toward Laredo. Merge onto US-90 W and exit 153 toward Del Rio. Take exit toward Cupples Rd and stay straight to go unto Brady Blvd. Turn left onto Cupples Rd. and turn right onto W. Roselawn Ave.

Swimming: Josh Davis Natatorium, 12002 Jones Maltsberger. Take 281N to Bitters. Go right (east) on Bitters cross Jones Maltsberger. Natatorium is located on the right in the Blossom Athletic Center.

Table Tennis: Alamo Gymnastic Center, 16675 Huebner Rd., 210-254-0987. Exit Castle Hills/N.W. Military from 410 and go outside the Loop, follow N. Military Hwy. to Huebner Rd., turn right, go 2 miles U-turn at Thrush Ridge, turn right into Center

Track & Field, Racewalk, Powerwalk: UTSA Park West Sport Complex, 8000 North Loop 1604 W. Going West on 1604 , Take the exit toward Kyle Seale Pkwy/Hausman Rd/Farm to Market Rd 1560. Take a slight left toward 1604 W

Triathlon: San Marcos River Ranch, 3301 Scull Rd., Martindale, Texas 78655. Take I-35 N and exit 204, turn slightly right toward Seguin, stay straight onto TX-123, turn left on FM-621 | Staples Rd., turn left onto Scull Rd.

Tennis: McFarlin Tennis Center, 1503 San Pedro. Exit 410 onto San Pedro and go South. Turn right onto Ashby, left into McFarlin Tennis Center

Volleyball: Factory of Champions, 8227 Broadway. From 410, exit Broadway, go South on Broadway, building is located on the right about 1/2 mile from the interstate.

GENERAL INFORMATION 3

T-SHIRT PICK-UP will be held at the Barshop Jewish Community Center, 12500 NW Military Hwy. at Wurzbach Pkwy. beginning Thursday, April 5, 2018 from 1-5pm., April 6 - April 14 from 9am-5pm and April 15 the t-shirts may be picked up until 12noon. Athlete check-in will be at each venue.

MEDALS will be awarded to first, second, and third place finalists at the end of each event. Bowling awards may be picked up at the JCC after April 23, 2018. Medals not picked up at the designated game site may be picked up at the Texas Senior Games Office no later than one month after the last game day. Medals may also be mailed with a request in writing accompanied by a check, payable to the Senior Games in the amount of \$3.00 per medal for shipping, mailed to Texas State Games, c/o JCC, 12500 NW Military Hwy., Ste. 275, San Antonio, TX 78231.

Results will be posted on the Texas Senior Games website no later than May 7, 2018.

Texas Senior Games Office Contact Information

Phone: 210-302-6973 | Fax: 210-408-2341
Email: pottorfc@jcc-sa.org

Mailing Address:
Texas Senior Games
12500 NW Military Hwy, Ste. 275
San Antonio, TX 78231 | www.texasseniorgames.org

RECREATIONAL EVENTS

BASKETBALL- MEN (FREE THROW) • Thursday, April 12, 5pm • Barshop JCC, 12500 NW Military Hwy. • Best of twenty-five shots from the free throw line. 65+ will shoot from 11 feet. (AROUND THE WORLD) • (immediately after free throw) • One minute to shoot from various locations

BASKETBALL- WOMEN (FREE THROW) • Thursday, April 12, 5pm • Barshop JCC, 12500 NW Military Hwy. • Best of twenty-five shots from the free throw line. 65+ will shoot from 11 feet. (AROUND THE WORLD) • (immediately after free throw) • One minute to shoot from various locations.

BILLIARDS • Monday, April 9, 10am • Fast Eddie's, 502 Embassy Oaks • 8 ball pool tournament, individual play only. BCA rules except no jumping.

CORNHOLE • Thursday, April 12, 10am • Barshop JCC, 12500 NW Military Hwy. • Singles only. Each game played to 21 points.

DISC GOLF • Saturday, April 7, 9am • Bryan McClain Park, 15700 O'Connor Rd. • Singles only. 2 rounds (18 holes for 50 – 69 and 13 holes for 70+) Competitors must bring their own equipment. Tournament will be PDGA Sanctioned and will follow official PDGA rules.

COMPETITIVE EVENTS

ARCHERY • Saturday, April 14, 10am • Viking Archery, 41000 Hwy 3159, Canyon Lake • Compound finger, compound release, recurve, bare bow recurve, and bare bow compound. The "900" American round with 48" target will be used for competition.

BADMINTON • Saturday, April 14, 10am • Barshop JCC, 12500 NW Military Hwy. • Singles, Doubles and Mixed Doubles. Each match consists of two out of three games. These are 21 point games. USBA rules apply.

BASKETBALL (Men's) (3 on 3) • Friday, April 13, 8:30 am • Barshop JCC, 12500 NW Military Hwy. • Half court with two 15 minute halves (except 75+ plays 12 minute halves). The roster limit is ten including non-playing coaches and captains. All players must register individually. No mixed gender teams. The number of entries will determine tournament format. Age division of the team is de-

SAN ANTONIO DECA-CHALLENGE • Saturday, April 7, 9am • Barshop JCC, 12500 NW Military Hwy. • 10 events over 2 days. Strength and endurance will be tested. Athletes will compete in the following Track events on Sunday - 100M, 400M, 1500M, and Long Jump. Competitors can medal separately under the track and field event. Events on Saturday-vertical leap, pull ups (overhand grip), power clean (50% of your weight, number of repetitions no rest), ball toss, pushups and plank.

FUN WALK • Thursday, April 5, 10am • O. P. Schnabel Park, 9606 Bandera Rd. • Graff Pavilion, Walk (2 miles) will be held on the trails of O. P. Schnabel Park, 1 mile smooth surface option. Check-in at Graff Pavilion. Parking available in the Park and at the YMCA. Opening Ceremony will begin at 9:30am.

SCRABBLE • Wednesday, April 11, 1pm, Granados Senior Center, 500 Freiling • Players will draw for opponents. 2 players per board. Games will last no longer than 50 minutes (25 minutes per player). Word challenges will be verified by judges.

Washers • Thursday, April 12, 12pm • Barshop JCC, 12500 NW Military Hwy. • Singles only. Each game played to 21 points.

termined by the age of the youngest player. NCAA rules apply. All players must sign waiver but captain must submit roster and forms with payment. It is the responsibility of the team captain to check draw for playing time.

BASKETBALL (Women's) (3 on 3) • Saturday, Jan. 20, 8:30am. & Sunday, 21, 8:00am • Barshop JCC, 12500 NW Military Hwy. • Half court with two 15 minute halves (except 75+ plays 12 minute halves). The roster limit is ten including non-playing coaches and captains. All players must register individually. No mixed gender teams. The number of entries will determine tournament format. Age division of the team is determined by the age of the youngest player. NCAA rules apply. All players must sign waiver but captain must submit roster and forms with payment. It is the responsibility of the team captain to check draw for playing time.

4 EVENT INFORMATION

COMPETITIVE EVENTS (continued from page 3)

BOWLING • Thursday, April 12 (1pm) Friday, April 13 (10am), Astro Super Bowl, 3203 Harry Wurzbach • Singles, doubles and mixed doubles. Scratch scores. Singles, doubles and mixed doubles will bowl one set of three games. High scratch series will determine the place winners in each category. Partner must register for same time. Fee is per bowler.

CYCLING • Saturday, April 14, 9am (10k Time Trial), Following the time trials – approximate time 11am (20k Road Race) • Sunday, April 15, 9am (5K Time Trial), Following the time trials approximately 10:30am (40k Road Race). Texas Research Park, 14815 Omicron Dr. • All participants must wear an ANSI or Snell approved helmet. Cyclists must report 30 minutes prior to start times. Numbers will be distributed at the event check in. Chip Timing.

GOLF • Monday, April 9, 1pm (shotgun) & Tuesday, April 10, 8am (shotgun). • Olympia Hills Golf Course, 12900 Mt.Olympus, Universal City, TX • Two days, thirty-six hole scratch event. Facility fee includes green fees/golf cart. No metal spikes allowed. Range finders/GPS can be used. Medals awarded based on 36 hole total.

HORSESHOES • Saturday, April 7, 10:00 am • Braunig RV Resort, 13550 Donop Road, (Exit 130 - Donop Rd.) • Singles only. Men 50 - 69 pitch 40 feet. Women 75+ pitch 20 feet. All others 30 feet. Format is double elimination cancellation scoring.

PICKLEBALL (Indoors) • Tuesday, April 10, Wednesday, April 11 and Thursday, April 12 at 9am • Alamo City Allstars, 11471 E. Loop 1604 N., Universal City • Mixed doubles on Tuesday, Men's singles & Women's doubles on Wed., Women's singles & Men's doubles on Thursday; Athletes may enter all three sub-events. Balls provided. Doubles players must register with a partner. Event Sanctioned/USAPA Membership required. Schedule provided by March 28 at www.texasseniorgames.org or call 210-302-6973. Brackets will be posted the night before the game is played.

POWER WALK • Sunday, April 8, 7:15am (5000) 10:15am (1500) • UTSA Park West Sports Complex, 8000 N. Loop 1604 W • 1500 & 5000 meter walked on track. Numbers distributed at check in.

RACEWALK • Sunday, April 8, 8am (5000) 10:30am (1500) • UTSA Park West Sports Complex, 8000 N. Loop 1604 W • 1500 & 5000 meter walked on track. Numbers will be distributed at check in.

RACQUETBALL • Saturday, April 14, 9am (Men 50-69, All women & mixed doubles) & Sunday, April 15, 12pm (men 70+) • YMCA, 16103 Henderson Pass • Singles, Doubles, & Mixed Doubles. Games are 11 points. Play will be round robin or double elimination depending on the number of entrants. Eyewear with lenses designed for racquet sports are mandatory. Doubles players must register with a partner. The draw will be on the website beginning Monday, April 4 at www.texasseniorgames.org or call 210-302-6973

5K & 10K ROADRACE • Tuesday, April 10, 8am (5K) & Wednesday, April 11 (10K) • Woodlawn Lake Park, 501 S. Josephine Tobin • Numbers distributed at event check-in, at the Pavillion in the Park. Runners will run a 5k (3.1 mile) which is a double loop (2x) around the lake and 4x around the lake for a 10K. Chip Timing.

SHUFFLEBOARD • Monday, April 9, 10am • Barshop JCC, 12500 NW Military Hwy. • Singles & Open Doubles. Equipment available for use. Indoor court. Doubles partners may be of same or different gender. You may only play once in the Doubles competition.

SOFTBALL • Friday, March 23, 9am (ages 70), Saturday, March 24 and Sunday, March 25, 9am (50-69) • Kennedy Softball Fields, 3101 W. Roselawn Ave. • Balls & bases furnished. Each team must provide other equipment. All players must sign waiver; captain must submit roster/forms with payment. No mixed gender teams. Number of teams will determine format. Age division of team determined by youngest player. Team roster limited to twenty (20) players. It is the responsibility of the team captain to check draw for playing times.

SWIMMING • Saturday, April 14, 9am & Sunday, April 15, 9am • Josh Davis Natatorium, 12002 Jones Maltsberger • 50, 100 & 200 backstroke; 50, 100 & 200 breaststroke; 50, 100 & 200 butterfly; 50, 100, 200 & 500 freestyle; 100, 200 & 400 individual medley. All swimming events will be timed finals. Warm-ups begin at 8am.

TABLE TENNIS • Saturday, April 7 (50-69) and Sunday, April 8 (70+), 9:30am • Alamo Gymnastic Center, 16675 Huebner Road • Singles, doubles and mixed doubles. Only balls will be furnished. Play shall consist of a five (5) game match; winner will be the first to win three games. Tournament format will be based on number of entrants. Doubles players must register with a partner. Draw will be on the website beginning Monday, April 2 at www.texasseniorgames.org or call 210-302-6973.

TENNIS • Monday, April 9; Tuesday, April 10; Wednesday, April 11; and Thursday, April 12, McFarlin Tennis Center, 1503 San Pedro • Singles, Doubles & Mixed doubles. Athletes must provide their own racquets/practice balls. Game balls provided. Athlete must check draw for playing time. Doubles players must register with partner. If you enter more than one event, you may have to play a match each day in each event. Mark on entry form. The draw will be on the website beginning Tuesday, April 2, www.texasseniorgames.org or call 210-302-6973.

TRACK AND FIELD EVENTS • Sunday, April 8, 8am, UTSA Park West Sports Complex, 8000 N. Loop 1604 W • 50, 100, 200, 400, 800 & 1500 meter races. Discus, high jump, long jump, triple jump, hammer throw, javelin, shot-put & pole vault (must use own pole).

TRIATHLON • Sunday, July 1, 7:30am • Tri for Old Glory, San Marcos River Ranch, 3301 Scull Rd. Martindale, Texas 78655 • Swim 500 meters open water, cycle 11 miles, run 5K (3.1 miles). Event is a qualifier for Nationals in Albuquerque 2019. All participants must register through www.texasseniorgames.org and Redemption Race Production website in order to be eligible to qualify, <http://redemptionrp.com/races/tri-for-old-glory> Register with Texas Senior Games 1st, and a discount code for the Triathlon will be provided for Texas Senior Games participants registering for the race.

VOLLEYBALL • Saturday, April 7 (women and men), 9am • Factory of Champions, 8227 Broadway • Six players on the floor. USAV rules. No mixed gender teams. Age division of team determined by the youngest player. Best of three game matches. Number of teams will determine format. Rosters limited to fifteen players. All players must sign waiver but captain must submit roster and forms with payment. It is the responsibility of the team captain to check draw for playing time.

SAT. & SUN., JAN. 20 & 21
9am Ladies Basketball 3 on 3 | Barshop JCC

FRI., MARCH 23
9am Softball (70+) | Kennedy Softball Field

SAT. & SUN., MARCH 24 & 25
9am Softball (50-69) | Kennedy Softball Field

THURS., APRIL 5
9:30am Opening Ceremony | O. P. Schnabel Park
10am FunWalk | O. P. Schnabel Park

SAT., APRIL 7
9am Volleyball | Factory of Champions
9am Deca Challenge | Barshop JCC
9am Disc Golf | Bryan McClain Park
9:30am Table Tennis (50-69)
Alamo Gymnastic Center
10am Horseshoes | Braunig Lake RV Resort

SUN., APRIL 8
7:15am Powerwalk | UTSA Park West Sports Complex
8am Track and Field | UTSA Park West
8am Racewalk | Sports Complex
9:30am Table Tennis (70+)
Alamo Gymnastic Center

MON. APRIL 9
9am Tennis | McFarlin Tennis Center
10am Shuffleboard | Barshop JCC
10am Billiards |Fast Eddies
1pm Golf | Olympia Hills Golf Course

TUES., APRIL 10
8am Golf | Olympia Hills Golf Course
8am Roadrace (5K) | Woodlawn Lake Park
9am Pickleball (Mixed Dbls) | Alamo City Allstars
9am Tennis | McFarlin Tennis Center

WED., APRIL 11
8am Roadrace (10K) | Woodlawn Lake Park
9am Pickleball (SinglesM/DblsW)
Alamo City Allstars
9am Tennis | McFarlin Tennis Center
1pm Scrabble | Granados Senior Center

SCHEDULE 9

THURS., APRIL 12
9am Tennis | McFarlin Tennis Center
9am Pickleball(SinglesW/Dbls M)
Alamo City Allstars
10am Cornhole | Barshop JCC
12pm Washers | Barshop JCC
1:30pm Bowling | Astro Super Bowl
5pm Basketball Free Throw| Barshop JCC
Around the World

FRI., APRIL 13
8:30am Men's Basketball 3 on 3 | Barshop JCC
10am Bowling | Astro Super Bowl

SAT., APRIL 14
9am Swimming| Josh Davis Natatorium
100 Fly
200 Free
50 Breast
100 Back
400 IM
100 Breast
200 Back
50 Free
9am Racquetball (Men50-69/women/mx dbls)
YMCA Thousand Oaks
9am Cycling (10K/20K) | Texas Research Park
10am Badminton | Barshop JCC
10am Archery | Viking Archery, Canyon Lake

SUN., APRIL 15
9am Swimming | Josh Davis Natatorium
100 IM
200 Fly
50 Back
200 IM
100 Free
50 Fly
200 Breast
500 Free
9am Cycling (5K/40K) | Texas Research Park
12pm Racquetball (M 70+) | YMCA Thousand Oaks

SUN., JULY 1
7:30am Triathlon San Marcos River Ranch
Tri for Old Glory Triathlon

8 REGISTRATION & WAIVER

PLEASE PRINT

Name: _____ Gender: M F
FIRST LAST

E-mail Address: _____ Date of Birth: _____
MONTH DAY YEAR

Mailing Address: _____

City: _____ State: _____ ZIP: _____

Primary Phone: _____ Alternate Phone: _____

Emergency Contact Name: _____ Relationship: _____

Day Phone: _____ Night Phone: _____

Doctor's Name: _____ Phone: _____

If you are currently employed, name of employer: _____

Name of Primary/Supplemental insurance provider other than Medicare: _____

RELEASE OF ANY AND ALL CLAIMS

As a condition of being allowed to participate in the Texas Senior Games

1. Prior to participating in any event, I will inspect the facilities and equipment to be used. If I believe that either the facilities or the equipment are unsafe, I will immediately advise an official of the Games and the Event Director of such condition(s) and refuse to participate.
2. I assume all risk of injury, including but not limited to disability, death, and economic losses which may result not only from my actions or negligence, but also from the actions or negligence of others, the condition of the premises, or the condition of the equipment. I accept personal responsibility for any and all injuries or damages resulting to me.
3. I agree a.) not to sue the Texas Senior Games, the National Senior Games Association, the Texas Senior Games Association, the Barshop Jewish Community Center of San Antonio, and/or their respective agents, servants, administrators, directors, employees and volunteers; and I release, waive, and discharge them from any and all liability, claims, damages, and/or losses caused or alleged to be caused by me, in whole or in part, by the negligence of any party; and b.) to indemnify and hold harmless the Texas Senior Games, the Barshop Jewish Community Center of San Antonio, and/or their respective agents, servants, administrators, directors, employees, and volunteers from any and all claims arising from any injury I may suffer.
4. I grant to the Texas Senior Games and the Barshop Jewish Community Center permission to take photographs of me, and to use such photographs in any exhibition, advertisement, editorial, or in any way whatsoever, in their sole and absolute discretion.
5. I have read the above Liability Waiver and Release of Any and All Claims. I have had the opportunity to ask questions concerning this Waiver and Release. I voluntarily and as my free act and deed, sign this Liability Waiver and Release of Any and All Claims.

Signature: _____ Date: _____

ENTRY FORM (PLEASE COMPLETE ALL FOUR PAGES) 5

Archery (Check events) \$8.00 each \$ _____

- Compound Finger
- Compound Release
- Recurve
- Bare-Bow Recurve
- Bare-Bow Compound

Badminton (Check events) \$5.00 each \$ _____

- Singles
- Doubles

Dbles. Partner: _____

- Mixed Doubles

Mxd. Dbles. Partner: _____

Basketball (Check events) \$4.00 each \$ _____

- Around the World
- Free Throw

Billiards \$4.00 \$ _____

Bowling (Check events) \$8.00 each \$ _____

- Singles/Men or Women
- Doubles

Dbles. Partner: _____

- Mixed Doubles

Mxd. Dbles. Partner: _____

Write "singles" by 1 day/time, "doubles" by 1 day/time and "mixed doubles" by 1 day/time. All bowlers responsible for finding their own partners. Both partners must sign up/pay.

Thurs., April 12 1:30pm _____

3:30pm _____

5:30pm _____

Fri., April 13 10am _____

Noon _____

2pm _____

Cycling (Check events) \$10.00 each \$ _____

- 5K Time Trials 20K Road Race
- 10K Time Trials 40K Road Race

Disc Golf \$15.00 \$ _____

Golf \$90.00 \$ _____

Golf fee includes required cart & green fees for two days.

Horseshoes \$5.00 \$ _____

Pickleball (Check events) \$15.00 each \$ _____

- Singles/Men or Women
- Doubles

Dbles. Partner: _____

- Mixed Doubles

Mxd. Dbles. Partner: _____

Racewalk (Check events) \$5.00 each \$ _____
 1500 Meter 5000 Meter

Racquetball (Check events) \$6.00 each \$ _____
 Singles/Men or Women
 Doubles

Dbles. Partner: _____

- Mixed Doubles

Mxd. Dbles. Partner: _____

Roadrace (Check events) \$8.00 each \$ _____
 5 K 10 K

SA Deca-Challenge \$30.00 \$ _____
 (Includes all 10 events.)

Scrabble \$4.00 \$ _____

Shuffleboard (Check events) \$5.00 each \$ _____

- Singles
- Doubles

Partner: _____

Swimming (Check *events) \$5.00 each \$ _____

*See schedule on page 9 for event order

100 Y Backstroke _____

100 Y Breaststroke _____

100 Y Butterfly _____

100 Y Freestyle _____

100 Y Ind. Med. _____

200 Y Backstroke _____

200 Y Butterfly _____

200 Y Breaststroke _____

200 Y Freestyle _____

200 Y Ind. Med. _____

50 Y Backstroke _____

50 Y Breaststroke _____

50 Y Butterfly _____

50 Y Freestyle _____

400 Individual Med. _____

500 Y Freestyle _____

Enter optional entry time

Table Tennis (Check events) \$10.00 each \$ _____

- Singles/Men or Women
- Doubles

Dbles. Partner: _____

- Mixed Doubles

Mxd. Dbles. Partner: _____

6 ENTRY FORM (PLEASE COMPLETE ALL FOUR PAGES)

Tennis (Check events) \$6.00 each \$_____ ***Basketball 3-on-3 Team** \$185.00 \$_____

o Singles/Men or Women
o Doubles

Max. 10 players/no registration fees required.

Team: _____

o Mixed Doubles

***Softball Team** \$265.00 \$_____

Late Fee \$290.00

Max. 20 players/no registration fees required/does not include participant shirt.

Team: _____

***Volleyball Team** \$290.00 \$_____

Late Fee \$315.00

Max. 15 players/no registration fees required.

Team: _____

***You must be on a team to enter. Captain must submit roster on page 7.**

Washers \$4.00 \$_____

Fun Walk \$5.00 \$_____

Cornhole \$4.00 \$_____

Triathlon \$10.00 \$_____

You must register for the triathlon at www.txstatetriathlon.webs.com/txst-sprint

PAYMENT INFORMATION

1. **Registration Fee** Includes one free t-shirt = \$40.00 **Registration Fee includes one t-shirt** (Indicate size)

2. **Early Bird Discount** If paid/registered by Feb. 2 Minus \$5.00 S M L XL XXL

3. **Additional Shirts** \$10.00 per shirt S-XL/\$12.00 per shirt XXL # _____ = \$_____ **If playing golf, indicate golf shirt size**

4. **Additional Golf Shirts** \$25.00 per shirt S-XL/\$27.00 per shirt XXL # _____ = \$_____ S M L XL XXL

5. **Golf Caps** \$15.00 per cap # _____ = \$_____ S M L XL XXL

6. **Total Event Fees Pages 5 & 6** = \$_____

7. **Add \$10.00 processing fee if NOT registering online** = \$10.00

8. **Donation** = \$_____ Tax Deductible/Thank You!

TOTAL AMOUNT ENCLOSED = \$_____

REGISTRATION WILL NOT BE ACCEPTED IF LATE FEE/ PROCESSING FEE NOT INCLUDED.

Enclose check or money order payable to the Texas Senior Games or complete the charge information below.

Credit Card: Visa MC AMEX DISC Card #: _____ Exp: _____ CVV: _____

Name on Card: _____ Signature: _____

**Return your completed registration form with payment by mail to: JCC Attn: Texas Senior Games
12500 NW Military Hwy., Ste. 275 • San Antonio, TX 78231 • If paying by credit card, you may fax your completed form to 210-408-2341.**

OFFICIAL USE ONLY

Name: _____ Entry #: _____ Entered by: _____

Check #: _____ Amount: _____ Date Received: _____

TEAM ROSTER 7

Name of Team _____

Team Entry Roster (Must Be Completed In Its Entirety) Basketball Softball Volleyball **PLEASE PRINT**

	Team Members	Date of Birth	Address	City/State/Zip	Age Group	Phone
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						
12.						
13.						
14.						
15.						
16.						
17.						
18.						
19.						
20.						
Non-Playing Captain/Coach						
21.						

TEAM CAPTAIN: I am the Captain of the above mentioned team and say that all the information supplied is correct to the best of my knowledge. All the players are eligible to compete with my team in the Texas Senior Games. I have attached all registration forms and fees for all the players on this form.

Captain's Name (Print): _____ Captain's Signature: _____

Work Phone: _____ Home Phone: _____ Cell Phone: _____ Email: _____

Street Address: _____ City: _____ State: _____ ZIP: _____